Community Respite Service Inc. provides quality respite in Manitoba for caregivers of and to individuals with physical and intellectual disabilities.

To provide support to caregivers and individuals in order to foster independence and participation in the community.

CRS maintains an attractive two-bedroom wheelchair accessible apartment located on St. Mary Avenue in downtown Winnipeg, for people with disabilities and their families. People living both inside and outside Winnipeg use the apartment. It provides those living within the city a place to get away and enjoy a change in their daily routine. For those visiting Winnipeg, the respite apartment may be more suitable than a hotel or motel. Besides offering more privacy and comfort, it is fully equipped, wheelchair accessible and economical.

“It’s a home away from home and an ideal setting for respite – for organizations, families, or individuals involved with people with disabilities”

For more information about Community Respite Service Inc. contact:

In Winnipeg

825 Sherbrook Street
Winnipeg, MB  R3A 1M5

Phone: 204-953-2400
Fax: 204-775-6214
E-mail: comresp@mts.net

In Westman

710-3rd Street
Brandon, MB  R7A 3C8

Phone: 204-727-4910
Fax: 204-728-3305
E-mail: crsbdn@mts.net

Please contact us if you would like more information about our apartment.
Who is Community Respite Service?

Community Respite Service (CRS) provides parents and caregivers of people with intellectual and/or physical disabilities the opportunity to take a much deserved break. We also provide support, companionship and assistance to people with disabilities whether they are living independently in their community or with their caregivers. For almost 25 years, we have been a family centered organization that strives to provide quality service.

Respite is defined as “relief from duties of care”

How is Respite Funded?

**Government Funded**
People who have government funded respite can be referred to CRS by Supported Living or Children’s Special Services through Manitoba Family Services and Housing.

**Grants**
Every year CRS tries to raise funds through grants that will allow us to provide respite to adults with physical disabilities, a group of people that normally do not receive funding for respite.

Private **Purchase**
Any person with a disability is able to purchase our service.

“Respite brings rest and renewal… renewed energy and renewed perspective”

Family Involvement

Being family centered is important to CRS and it means taking the time to get to know our families and encourage involvement in the organization. CRS has a variety of initiatives to promote participation and interaction.

- **Membership, Committees and the Board**
  There are many different ways that our families can get involved with CRS that require different levels of commitment. Almost 25 years ago CRS was started by families so it is important to us that families remain a central part of the organization.

- **Events and Fundraising**
  Every year we host family appreciation events and fundraising activities. Event dates are posted in our seasonal newsletter.

- **Volunteering**
  All of our committee members and board members are volunteers. We also look for volunteers to help out with special events, fundraisers and general office duties. If you are interested in volunteering, please call one of our offices.

Our Staff

We pride ourselves on having well trained, friendly and personable workers that are committed to providing the best care possible for the people they work with. CRS staff are trained in general practices, such as First Aid, CPR, Non-Violent Crisis Intervention, Lifting and Transferring, and Seizure Training; as well as training for family-specific needs. There is also ongoing training for all workers at our bi-monthly staff meetings.